



Our mission is to cultivate the growth of and to promote excellence in collegiate women's club lacrosse, to promote the highest standards of competition and sportsmanship, and to provide a consistent administrative and competitive framework for our participating programs.

**ALL CONTESTS BETWEEN WCLO MEMBERS SHALL BE PLAYED ACCORDING TO 2024-25 NCAA RULE BOOK WITH THE FOLLOWING MODIFICATIONS**

**Section 1: Rules specific to WCLO play:**

1. **No Shot Clock.**
2. **The clock will not stop for fouls in the 8-meter except in the last two minutes of each quarter.**
3. **The clock will stop for fouls in the 8-meter (**offensive end**) in the last two minutes of each quarter and on goals, unless there is a ten-goal differential.**
4. **If there is a foul in between the 8-meter and 12-meter the clock will not stop.**
5. **Games must consist of four, 15-minute quarters. Teams may decide whether to use a stopped clock or running clock on goals prior to the commencement of a game. This must be communicated with officials.**
6. **No ties for any contest. Games will go in overtime if the score is tied after regulation. The team that scores first during OT will be the winner of the contest.**

[NCAA Women's Lacrosse Rules:](#)

[Download Rule Book:](#)

[2024-2025 Rule Changes:](#)

For operational guidelines, player eligibility rules, or specific questions regarding the WCLO, please [email: wcloboard@gmail.com](mailto:wcloboard@gmail.com) or visit [www.wclo.us](http://www.wclo.us)